U S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

## FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No 1215-0188 Expires 11-30-2008

This report is mandatory under P.L. 88-257, as amended Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U S.C 438 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1 File Number U - 9338	2. Fiscal Year Covered From:		
	1 / 1 / 2004 Through 12 / 31 / 2004		
3 Name and address of person filing	4 Name, file number, and address of labor organization.		
Name Raymond Sokolowski	Name National Postal Mail Handlers Union		
	Labor Organization File Number 000-505		
P O Box, Bidg , Room No , if any	PO Box, Building and Room Number, if any		
Street 233 Addison Rd	Street 233 Addison Rd		
City Windsor	CHy Windsor		
State Connecticut ZIP Code + 4 06095	State Connecticut ZIP Code + 4 06095		
5. Position in labor organization. Northeast Regional Director			
Enter appropriate data below if, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions ast forth in the instructions):			
A. Held an interest in, engaged in transactions (including loans) with, or monetary value from an employer whose employees your organization.	on represents or is actively seeking to represent the seeking		
6. Name and address of Employer (including trade name, if any)	37 a Nature of Interest, Transaction, or Income.		
Name 3	-   -		
Trade Name, if any			
P.O. Box, Bidg , Room No , if any	7.b Amount		
Straet	7.0 Amount		
City			
State ZIP Code + 4			
Signature			
"15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)			
Signed . My Sekolowski	On 81205 860-688-9105		
	Date Telephone Number		

Name of Person Filing Raymond Sokolowski	File Number U-		
B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or teasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested			
8 Name and address of Business (including trade name, if any)	9 Business deals with		
Name First Health	G3	1	
Trade Name, if any	a Labor Organization b Trust		
P O Box, Bidg , Room No , if any	c Employer		
Street 3200 Highland Avenue			
City Downers Grove			
State Illinois ZIP Code + 4 60515			
10. If 9.b or 9.c. is checked give trust or employer's name	11.a. Nature of such dealing.		
Name	First Health administers and underw Health Plan	rites the Union	
Trade Name, if any		70.0 mg	
P.O Box, Bidg , Room No., if any			
Street	11 b Approximate dollar value of such dealing		
City	12 a Nature of interest held or income received		
State ZIP Code + 4	Attended 1 dinner and 3 group buffe 20-24, 2004. Self and spouse. Amon Approximate value is \$280	et dinners. March ints not known.	
		-	
	12.b. Amount.	\$280	
C. Received from any employer (other than an employer covered unde or from any labor relations consultant to an employer any payment of money			
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14 a Nature of payment.		
Name			
Trade Name, if any			
P O Box, Bldg , Room No , If any			
Street			
City			
State ZIP Code + 4			
13 b Is the Business an Employer or Consultant ?	14 b Amount of payment.		

Name of Person Filing Ray	mond Sokolowski	File Number U-
		 <u> </u>

## Part B Continuation Page

B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.

8. Name and address of Business (including trade name, if any)	9 Business deals with		
Name First Health	a Labor Organization		
Trade Name, if any	a Labor Organization		
P O Box, Bidg , Room No , if any	b Trust		
Street 3200 Highland Avenue	c. Employer		
City Downers Grove			
State Illinois ZIP Code + 4 60515			
10 If 9 b or 9 c. is checked give trust or employer's name	11 a. Nature of such dealing		
Name	First Health administers and under health plan.	writes the Union	
Trade Name, if any			
P O. Box, Bldg , Room No., if any			
Street			
City	~ -		
State ZIP Code + 4	11 b Approximate dollar value of such dealing	7	
	12 a. Nature of interest held or income received.		
	August 19-29, 2004: Duffle bag (Sebuffet dinners (Self and Spouse). (Self & Spouse) (not sure about hu 1 dinner (Spouse) approximate val	elf), 5 group 1-2 dinners mber of dinners), ue: \$490-\$590	
	12,b Amount.	\$540	

Name of Person Filing	Raymond Sokolov	oski		File Number U-	

## Part & Continuation Page

B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, setting or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or setting or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested

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Name First Health	a. Labor Organization	
Trade Name, if any		
PO Box, Bldg, Room No, if any	b. Trust	
Streat 3200 Highland Avenue	c Employer	
City Downers Grove		
State Illinois ZIP Code + 4 60515		
10 If 9 b or 9 c. is checked give trust or employer's name.	11.a. Nature of such dealing	
Name	First Health administers and under Health Plan	writes the Union
Trade Name, if any		
P O Box, Bldg., Room No , if any		Ì
Street Street	`	
City		
State ZIP Code + 4	11 b Approximate dollar value of such dealing	
	12.a. Nature of interest held or income received.	
	December 9-11, 2004. (Self & Spougroup buffet dinners and 1 dinner. value: \$280	Be) Attended 3 Approximate
	12 b. Amount.	\$280